

The Aboriginal Coaching Program: Objectives

The Aboriginal Coaching Program is a training curriculum for Aboriginal and non-Aboriginal coaches.

Built around a culture-centric platform, the program encompasses a unique Aboriginal approach to coaching; one that reflects and respects Aboriginal values and lifestyles.

The ACM is designed to realize the following objectives.

Learning Objectives

- Understanding the role of sport in Aboriginal communities
- Understanding and positively influencing the community in which you coach
- Coaching the whole person; coaching beyond the physical to include the mental (intellectual and emotional), spiritual, and cultural
- Responding to racism in sport
- Establishing a code of behaviour for your team that reflects differences and that addresses racism
- Helping those you coach make healthy lifestyle choices.

Long-Term Objectives

- Making the wisdom of Aboriginal culture available to both Aboriginal and mainstream sport
- Increasing awareness of sport and support for the ACM among Aboriginal communities and the mainstream sport community in Canada
- Allowing coaches and communities the opportunity to embrace culturally sensitive practices so they can better meet the diverse needs of Aboriginal athletes in Canada
- Having coaches at all levels of sport use material from the ACM in their day-to-day interactions with Aboriginal athletes
- Creating opportunities for positive dialogue between administrators, facilitators, coaches, and athletes about how the CM should evolve to meet the constantly changing needs of young Aboriginal athletes
- Increasing the number of NCCP-certified Aboriginal coaches
- Coaching young people offers an opportunity to make a difference in this world. Sport can develop a sense of community and common purpose, and foster personal and community development in Aboriginal youth